



# AP Knotless Push-In Suture Anchor

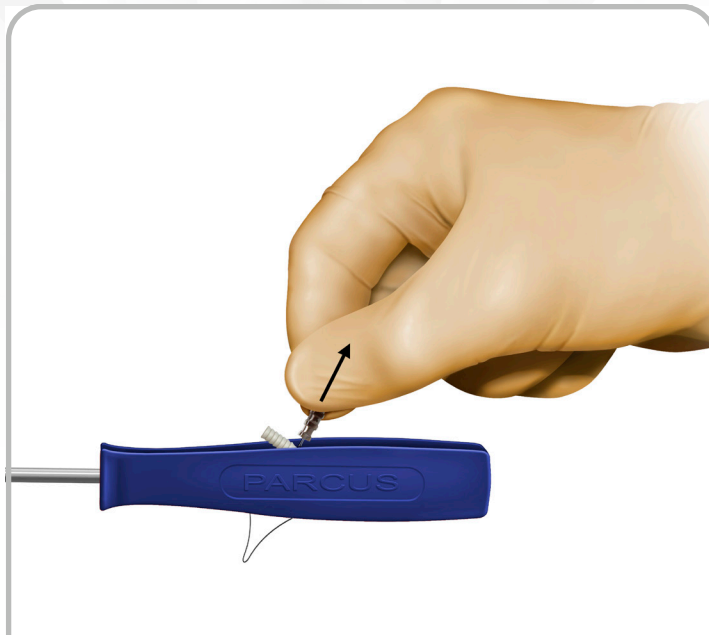
*Instability Repair*

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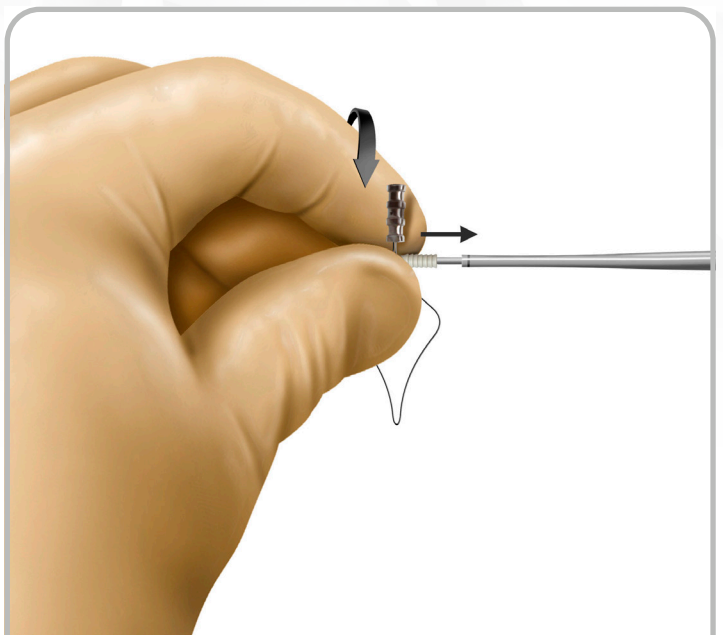
Surgical Technique Guide

# Instability Repair with AP Knotless Push-In Suture Anchor



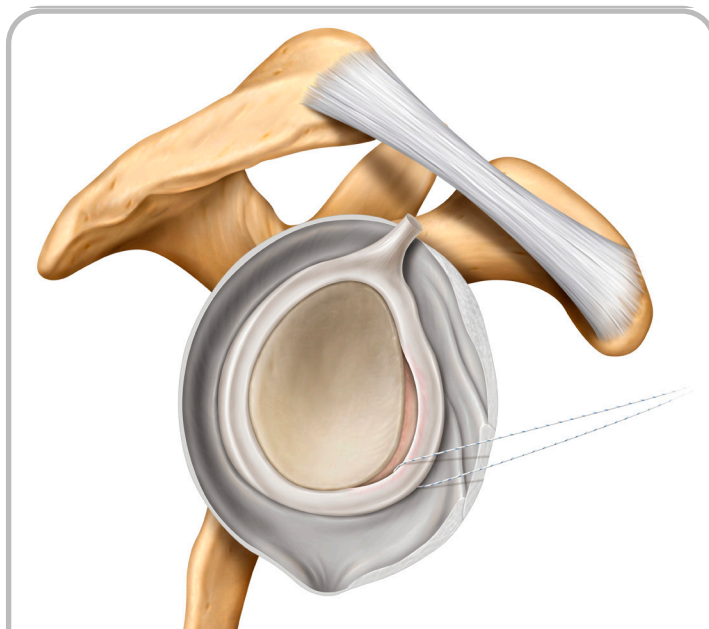
step  
**1**

Remove the anchor from the AP Knotless Push-In Suture Anchor driver by pulling on the silver tab.



step  
**2**

Load the implant onto the driver. Ensure there is no gap between the proximal end of the implant and the shoulder of the driver.



step  
**3**

Pass Parcus Braid™ suture (*not provided with anchor*) through labrum using preferred passing technique.



step  
**4**

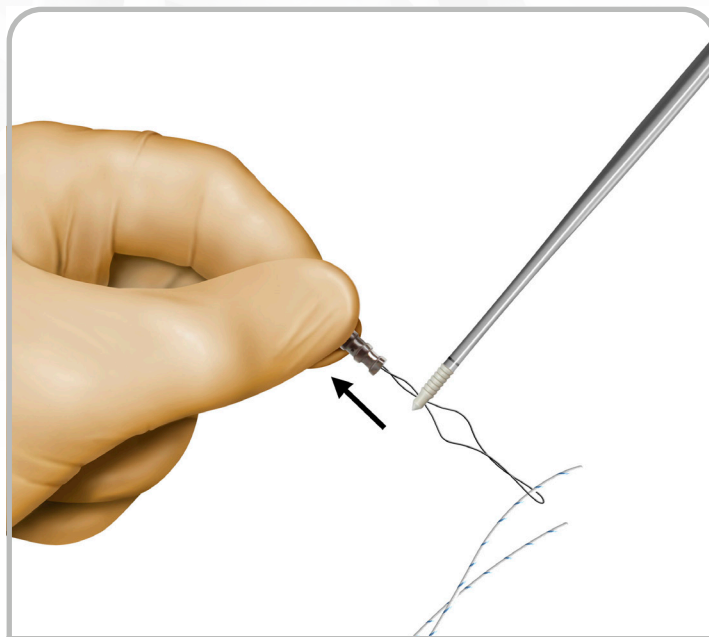
Position the drill guide on the prepared glenoid rim.

# Instability Repair with AP Knotless Push-In Suture Anchor



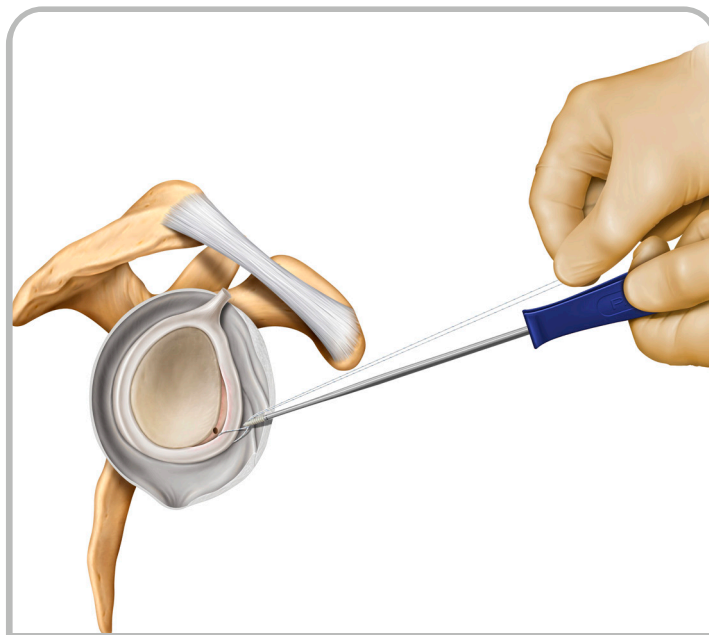
step  
**5**

Advance the 28 Knotless Drill Bit until the positive stop contacts the drill guide.



step  
**6**

Load the suture tails (up to 2) into the AP Knotless Push-In Suture Anchor threader. Pull the threader tab to load the sutures into the implant. Please note suture tails must be loaded one at a time.



step  
**7**

Apply light tension on the suture tails and advance the AP Knotless Push-In Suture Anchor into the glenohumeral space through the cannula.

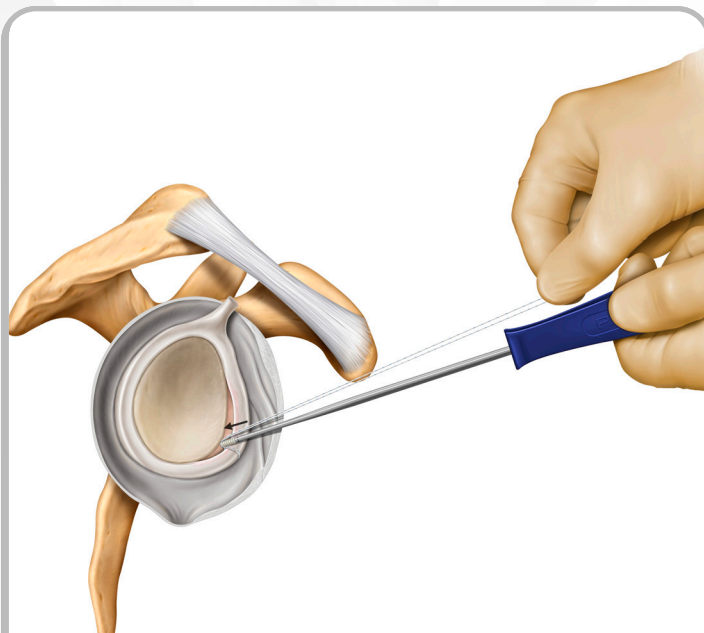


step  
**8**

Insert the AP Knotless Anchor into the joint space. Once the anchor is protruding outside the cannula, slowly push the anchor tip past the targeted bone socket to create slack in the suture.



# Instability Repair with AP Knotless Push-in Suture Anchor



step  
**9**

Pull the tip of the anchor back to the edge of the socket. Insert the tip of the AP Knotless Push-In Suture Anchor into the hole.

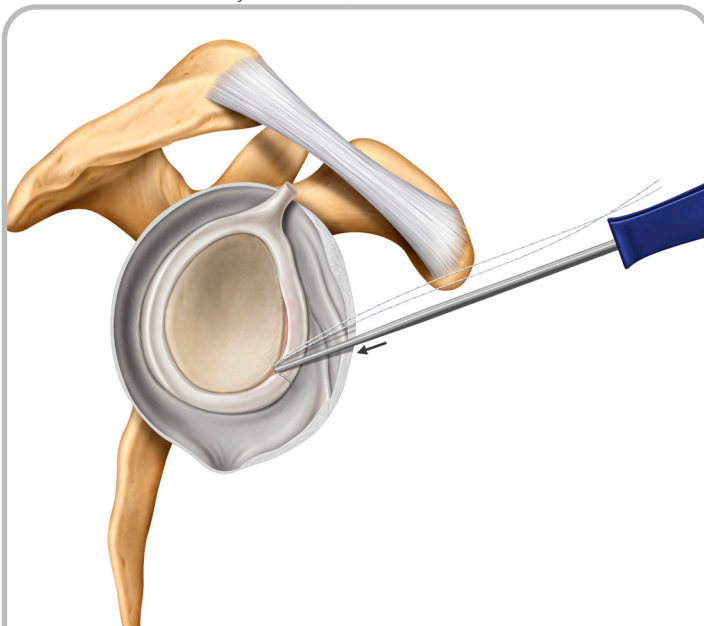
\* Ensure driver shaft is at same angle as the prepared bone socket.



step  
**10**

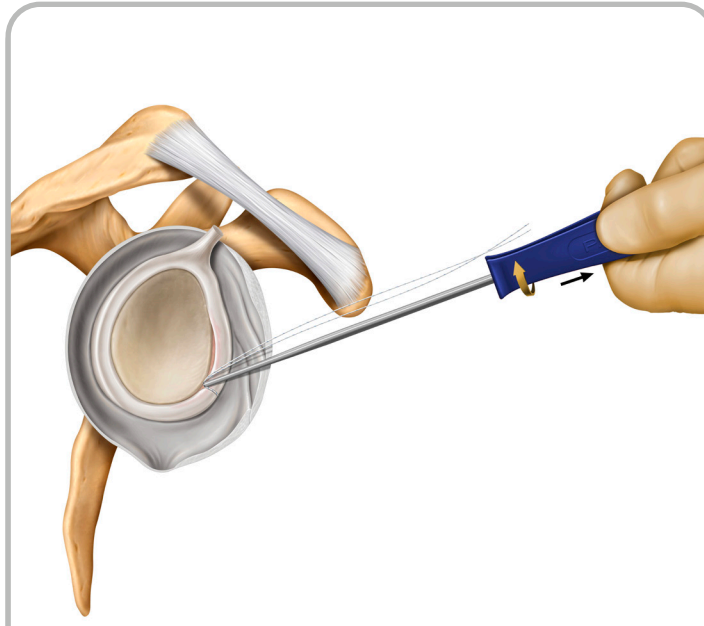
Once the tip of the anchor is aligned with the axis of the bone socket, keep slight downward pressure on the anchor and pull the suture slack out to achieve the desired tension.

\*If this is done properly the nose will disappear into the socket (If off axis, the nose will be proud. Move hand slightly until drill angle is achieved allowing the nose of the anchor to seat firmly in the hole).



step  
**11**

Release suture and advance the anchor into the socket using a mallet with small short strikes. Insertion is complete when the laser line on the driver is flush with the surrounding bone.



step  
**12**

Once the anchor is inserted to proper depth, pull on sutures to confirm fixation. Extract the driver from the anchor by simultaneously rotating and pulling the inserter along the axis of insertion, taking care to avoid leveraging the inserter in the anchor. Cut suture tails.

# Instability Repair *with AP Knotless Push-In Suture Anchor*

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step  
**12**

Repeat as necessary.

# AP Knotless *Push-In Suture Anchors*



AP Knotless Push-In Suture Anchors are recommended for use in both large and small-joint repairs. The proven design of the Knotless Product family, is updated with Parcus Advanced Polymer (AP) material that is comprised of 70% PLGA and 30% B-TCP.

## Features & Benefits

### Advanced Polymer

- Resorbable, radiolucent, and MR safe

### Knotless

- Provides a step-saving alternative to conventional “knotted” suture anchors
- Eliminates “knot stacks” associated with soft tissue irritation

### AP Knotless Push-In Suture Anchors

Part #	Diameter (mm)	Length (mm)	Description	Material	QTY/Box
10802	2.8	10.1	28 Knotless, push-in, suture anchor, w/suture passer	AP	1

### Instrumentation for AP Knotless Push-In Suture Anchors

Part #	Diameter (mm)	Joint	Description	Sterile/Unsterile	Single-use/Reusable
10615U	-	Shoulder	28 Knotless drill bit, w/positive stop	Unsterile	Reusable
10924	5.2	Shoulder	8-point slotted knotless drill guide, w/beaver tail handle	Unsterile	Reusable
10446	-	Shoulder	8-point drill guide, w/trocar tip obturator	Unsterile	Reusable
10330	-	Shoulder	V-Mouth drill guide w/trocar tip obturator	Unsterile	Reusable
10406	3.4	Shoulder	Blunt tip obturator	Unsterile	Reusable
10771	3.3	Shoulder	Conical tip obturator, w/1.8mm cannulation	Unsterile	Reusable
10405	3.5	Shoulder	Trocar tip obturator	Unsterile	Reusable



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